

LATIN AND COMMON NAMES OF HERBS**A**

Acanthopanax gracilistylus	Acanthopanax
Achillea millefolium	Yarrow
Achyranthes bidentata	Achyranthes
Achyrocline satureoides	Macela
Adenophora tetraphylla	Adenophora
Aegle marmelos	Bael Tree
Agaricus brasiliensis	Brazilian Blazei
Agrimonia eupatoria	Agrimony
Agropyron repens	Quack Grass
Ailanthus altissima	Chinese Tree of Heaven
Albizzia julibrissin	Silk Tree
Alchimilla vulgaris	Lady's Mantle
Alchornea castaneifolia	Iporuru
Alisma plantago-aquitica oriental	Asian Water Plantain
Allium sativum	Garlic
Allium tuberosum	Chives, Chinese
Alpinia officinarum	Lesser Galangal
Alpinia oxyphylla	Black Cardamon
Althaea officinalis	Marshmallow
Amomum cardamon	Chinese Amomum
Amomum villosum	Cardamon, Green
Andrographis paniculata	Andrographis
Anemarrhena asphodeloides	Anemarrhena
Anemopsis californica	Yerba Mansa
Anethum graveolens	Dill
Angelica archangelica	Angelica
Angelica dahurica	Fragrant Angelica(Bai Zhi)
Angelica pubescens	Pubescent Angelica(Du Huo)
Angelica sinensis	Dong Quai
Annona muricata	Graviola
Apium graveolens	Celery
Aralia racemosa	Spikenard
Arctium lappa	Burdock
Arctostaphylos uva-ursi	Uva Ursi
Arnica montana	Arnica
Artemisia absinthium	Wormwood
Artemisia anomala	Artemisia anomala
Artemisia argyi	Chinese Mugwort
Artemisia capillaris	Yin-Chen Wormwood
Artemisia vulgaris	Mugwort
Asclepias asperula	Inmortal
Asclepias tuberosa	Pleurisy Root
Ascophyllum nodosum	Kelp
Asparagus cochichinensis	Chinese Asparagus
Asparagus racemosus	Shatavari
Aster tataricus	Tartarian Aster
Astragalus complanatus	Flat-stem Milkvetch
Astragalus membranaceus	Astragalus
Atractylodes lancea	Cang-Zhu Atractylodes
Atractylodis macrocephala	Bai-Zhu Atractylodes
Avena sativa	Oat
Azadiracta india	Neem

B

Bacopa herpestis	Bacopa
Baptisia tinctoria	Wild Indigo
Barosma betulina	Buchu
Berberis vulgaris	Barberry
Beta vulgaris rubra	Beet
Betonica officinalis	Wood Betony
Biota orientalis	Biota
Bletilla striata	Bletilla
Boswellia serrata	Indian Frankincense

	Buddleia officinalis	Buddleia
	Bupleurum chinense	Bupleurum
	Bursera microphylla	Elephant Tree
C	Calendula officinalis	Calendula
	Camelliae sinensis	Green Tea
	Capsella bursa-pastoris	Shepherd's Purse
	Capsicum annuum	Cayenne
	Carica papaya	Papaya
	Carthamus tinctorius	Safflower
	Carum copticum	Ajowan
	Caryophyllus aromaticus	Cloves
	Cassia tora	Cassia Tora
	Castanea americana	American Chestnut
	Castela emoryi	Amargosa
	Caulophyllum thalictroides	Blue Cohosh
	Ceanothus americanus	Red Root
	Celosia cristata	Cockscomb
	Celosiae argentea	Feather Cockscomb
	Centella asiatica	Gotu Kola
	Chaenomelis lagenaria	Flowering Quince
	Chamaelirium luteum	False Unicorn
	Chenopodium anthelmintium	Epazote
	Chimaphila umbellata	Pipsissewa
	Chionanthus virginicus	Fringe Tree
	Chondrus crispus	Irish Moss
	Chrysanthemum morifolium	Chrysanthemum
	Chrysanthemum parthenium	Feverfew
	Cibotium barometz	Scythian Lamb
	Cichorium intybus	Chicory
	Cimicifuga racemosa	Black Cohosh
	Cinnamomum loureirii	Saigon Cinnamon
	Cistanche deserticola	Cistanchis
	Citrus aurantium	Bitter Orange
	Citrus reticulata	Tangerine
	Cnicus benedictus	Blessed Thistle
	Cnidium monnieri	Cnidium
	Codonopsis pilosula	Codonopsis
	Coix lachryma jobi	Job's Tears
	Cola nitida	Cola Nut
	Collinsonia canadensis	Stoneroot
	Commiphora mukul	Guggulu
	Commiphora myrrha	Myrrh
	Coptis chinensis	Coptis
	Cordia salicifolia	Cha de Bugre
	Cordyceps sinensis	Cordyceps
	Coriandrum sativum	Cilantro
	Cornus officinal	Asiatic Dogwood
	Corydalis yanhusuo	Corydalis
	Crateagus oxyacantha	Hawthorn
	Curcuma longa	Turmeric
	Curcuma zedoaria	Zedoary
	Curcurbita pepo	Pumpkin
	Cuscuta chinensis	Chinese Dodder
	Cyathula officinalis	Cyathula
	Cynanchum atratum	Swallow Wort
	Cynanchum stauntonii	Cynanchum
	Cynara scolymus	Artichoke
	Cynomorium songaricum	Yang Lock
	Cyperus rotundus	Cyperus
D	Daucus carota	Carrot
	Dendrobium nobile	Dendrobium
	Desmodium adscendens	Amor Seco
	Dioscorea villosa	Wild Yam
	Dioscoria opposita	Chinese Yam
	Dipsacus japonica	Japanese Teasel
	Dracontium longpipes	Jergon Sacha
	Drynaria fortunei	Drynaria

E

<i>Echinacea angustifolia</i>	Echinacea
<i>Eclipta alba</i>	Eclipta
<i>Eletarria cardamomum</i>	Cardamon, White
<i>Eleutherococcus senticosus</i>	Eleuthero
<i>Embelia ribes</i>	Vidanga
<i>Emblica officinalis</i>	Amla
<i>Epimedium grandiflorum</i>	Barrenwort
<i>Equisetum arvense</i>	Horsetail
<i>Eriocaulon buergerianum</i>	Pipewort
<i>Eriodictyon species</i>	Yerba Santa
<i>Erythroxylum catuaba</i>	Catuaba
<i>Eschscholzia californica</i>	California Poppy
<i>Eucalyptus globulus</i>	Eucalyptus
<i>Eucommia ulmoides</i>	Eucommia
<i>Euonymus atropurpureus</i>	Wahoo
<i>Eupatorium perfoliatum</i>	Boneset
<i>Euphoria longan</i>	Longan
<i>Euphrasia officinalis</i>	Eyebright
<i>Euryale ferox</i>	Euryale
<i>Evolvulus alsinoides</i>	Shankapushpi

F

<i>Ficus carica</i>	Fig
<i>Filipendula ulmaria</i>	Meadowsweet
<i>Foeniculum vulgare</i>	Fennel
<i>Forsythia suspensa</i>	Forsythia
<i>Fragaria vesca</i>	Strawberry
<i>Fucus vesiculosus</i>	Bladderwrack
<i>Fumaria officinalis</i>	Fumitory

G

<i>Galega officinalis</i>	Goat's Rue
<i>Galium aparine</i>	Cleavers
<i>Ganoderma lucidum</i>	Reishi
<i>Garcinia cambogia</i>	Garcinia
<i>Gardenia jasminoides</i>	Gardenia
<i>Garrya species</i>	Silk-Tassel Bush
<i>Gastrodia elata</i>	Gastrodia
<i>Gaultheria procumbens</i>	Wintergreen
<i>Gentian lutea</i>	Gentian
<i>Gentiana macrophylla</i>	Large-leaf Gentian (Qin Jiao)
<i>Gentiana scabra</i>	Scabrous Gentian (Long Dan)
<i>Geranium maculatum</i>	Cranesbill
<i>Ginkgo biloba</i>	Ginkgo
<i>Glehnia littoralis</i>	Glehnia
<i>Glycyrrhiza glabra</i>	Licorice
<i>Glycyrrhizae uralensis</i>	Licorice, Chinese
<i>Gnaphalium polycephalum</i>	Life Everlasting
<i>Grindelia squarrosa</i>	Grindelia
<i>Grifola frondosa</i>	Maitake mushroom
<i>Grifolia umbellatus</i>	Polyporus
<i>Guazuma ulmifolia</i>	Mutamba
<i>Gymnema sylvestre</i>	Gymnema
<i>Gynostemma pentaphyllum</i>	Gynostemma

H

<i>Hamamelis virginiana</i>	Witch Hazel
<i>Harpagophytum procumbens</i>	Devil's Claw
<i>Hemidesmus indicus</i>	Hemidesmus indicus
<i>Heridium erinaceus</i>	Lion's Mane
<i>Herniaria glabra</i>	Rupturewort
<i>Heuchera americana</i>	Alum
<i>Hibiscus rosa-sinensis</i>	Hibiscus
<i>Homalomena occulata</i>	Homalomena
<i>Houttuynia cordata</i>	Houttuynia (Fishwort)
<i>Humulus lupulus</i>	Hops
<i>Hydrangea arborescens</i>	Hydrangea
<i>Hydrastis canadensis</i>	Goldenseal
<i>Hymenaea courbaril</i>	Jatoba
<i>Hypericum perforatum</i>	St. John's Wort
<i>Hyssopus officinalis</i>	Hyssop

I	<i>Ilex pubescens</i>	Pubescent Holly
	<i>Ilex paraguensis</i>	Mat'e
	<i>Inula helenium</i>	Elecampane
	<i>Inula britannica</i>	British Elecampane (Inula flower)
	<i>Iris versicolor</i>	Blue Flag
	<i>Isatis indigotica</i>	Isatis
J	<i>Jeffersonia diphylla</i>	Twin Leaf
	<i>Juglans nigra</i>	Black Walnut
	<i>Juniperus communis</i>	Juniper
	<i>Juniperus monosperma</i>	One-seed Juniper (Cedar berry)
K	<i>Kochia scoparia</i>	<i>Kochia scoparia</i>
	<i>Krameria triandra</i>	Rhatany
L	<i>Lactuca virosa</i>	Wild Lettuce
	<i>Larrea tridentata</i>	Chaparral
	<i>Lavandula angustifolia</i>	English Lavender
	<i>Lederbouriella divaricata</i>	Siler
	<i>Lemna polyrrhiza</i>	Lemna polyrrhiza (Duckweed)
	<i>Lentinus edodes</i>	Shiitake
	<i>Leonurus cardiaca</i>	Motherwort
	<i>Leonurus heterophyllus</i>	Chinese Motherwort
	<i>Lepidium meyenii</i>	Maca
	<i>Leptandra virginica</i>	Culver's Root
	<i>Ligusticum porteri</i>	Osha
	<i>Ligusticum sinense</i>	Chinese Lovage
	<i>Ligusticum wallichii</i>	Ligusticum
	<i>Ligustrum lucidum</i>	Privet
	<i>Lilium brownii</i>	Brown's Lily
	<i>Lindera strychnifolia</i>	Lindera
	<i>Linum usitatissimum</i>	Flax
	<i>Liriosma ovata</i>	Muir Puama
	<i>Lithospermum erythrorhizon</i>	Red Root Lithospermum
	<i>Lobelia inflata</i>	Lobelia
<i>Lomatium dissectum</i>	Lomatium	
<i>Lonicera japonica</i>	Japanese Honeysuckle	
<i>Loranthus parasiticus</i>	Loranthus	
<i>Lycium chinensis</i>	Lycium	
<i>Lycopus virginicus</i>	Bugleweed	
<i>Lythrum salicaria</i>	Purple Loosestrife	
M	<i>Magnolia liliflora</i>	Red Magnolia
	<i>Mahonia aquifolium</i>	Oregon Grape
	<i>Marrubium vulgare</i>	Horehound
	<i>Matricaria chamomilla</i>	Chamomile
	<i>Maytenus krukovi</i>	Chuchuhuasi
	<i>Medicago sativa</i>	Alfalfa
	<i>Melissa officinalis</i>	Lemon Balm
	<i>Mentha haplocalyx</i>	Chinese mint
	<i>Mentha piperita</i>	Peppermint
	<i>Mentha viridis</i>	Spearmint
	<i>Menyanthes trifoliata</i>	Bogbean
	<i>Mitchella repens</i>	Partridge Berry
	<i>Momordica charantia</i>	Bitter Melon
	<i>Momordica grosvenori</i>	<i>Momordica grosvenori</i> (Arhat)
	<i>Morinda citrifolia</i>	Noni
	<i>Morinda officinalis</i>	Morinda
	<i>Morus alba</i>	White Mulberry
	<i>Myrica cerifera</i>	Bayberry
<i>Myrcia salcifolia</i>	Pedra Hume Caa	
N	<i>Nelumbo nuciferae</i>	Sacred Lotus
	<i>Nepeta cataria</i>	Catnip
	<i>Nepeta glechoma</i>	Ground Ivy
	<i>Notopterygium incisum</i>	Notopterygium
	<i>Nymphaea odorata</i>	Fragrant Water Lily (White Pond)
O		

	Ocimum sanctum	Holy Basil (Tulsi)
	Oenothera biennis	Evening Primrose
	Oldenlandia diffusa	Oldenlandia
	Olea europaea	Olive
	Ophiopogon japonicus	Ophiopogon (Japanese Lily Turf)
	Oplopanax horridum	Devil's Club
	Origanum vulgare	Oregano
	Oroxylum indicum	Oroxylum (Tree of Damoclese)
P		
	Paeonia albiflora	White Chinese Peony
	Paeonia obovata	Red Chinese Peony
	Paeonia suffruticosa	Tree Peony (Moutan)
	Panax ginseng	Asian (Chinese) Ginseng
	Panax pseudoginseng	Tienchi Ginseng
	Panax quinquefolium	American Ginseng
	Passiflora incarnata	Passion Flower
	Perilla frutescens	Perilla
	Petroselinum sativum	Parsley
	Peumus boldus	Boldo
	Pfaffia paniculata	Suma
	Phellodendron amurense	Cork Tree
	Phyllanthus niruri	Bhumyamlaiki
	Physalis angulata	Mullaca
	Picrorhiza kurroa	Picrorhiza
	Pinus strobus	White Pine
	Piper cubeba	Cubeb
	Piper methysticum	Kava Kava
	Piscidia erythrina	Jamaican Dogwood
	Plantago asiatica	Asian Plantain
	Plantago major	Plantain
	Platycodon grandiflorum	Platycodon (Balloon Flower)
	Polygala tenuifolia	Polygala
	Polygonatum sibiricum	Polygonatum (Siberian Solomon Seal)
	Polygonum aviculare	Knotweed
	Polygonum bistorta	Bistort
	Polygonum multiflorum	Fo-Ti (Ho Shou Wu)
	Polypodium lepidopterist	Samambaia
	Populus balsamifera	Balsam Poplar (Balm of Gilead)
	Poria cocos	Poria
	Portulaca oleracea	Purslane
	Potentilla tormentilla	Potentilla
	Primula veris	Cowslip
	Prunella vulgaris	Heal All
	Prunus mume	Japanese Apricot
	Prunus virginiana	Chokecherry (Wild Cherry Bark)
	Pseudostellaria heterophylla	Pseudostellaria (Prince's Ginseng)
	Psoralea corylifolia	Psoralea
	Pueraria lobata	Kudzu
	Pulmonaria officinalis	Lungwort
	Pygeum africanus	Pygeum
Q		
	Quercus alba	White Oak
R		
	Rehmannia glutinosa	Rehmannia
	Rhodymenia palmata	Dulse
	Rosa canina	Rose Hip
	Rosmarinus officinalis	Rosemary
	Rubia cordifolia	Indian Madder
	Rubus idaeus	Raspberry
	Rubus chingii	Raspberry (Chinese)
	Rumex acetosella	Sheep Sorrel
	Rumex crispus	Yellow Dock
	Ruscus aculeatus	Butcher's Broom
S		
	Salix alba	White Willow
	Salvia miltiorrhiza	Chinese Salvia (Red Sage)
	Salvia officinalis	Sage
	Sambucus nigra	European Elder
	Sanguinaria canadensis	Bloodroot

Sanicula marilandica
Santalum album
Sargassum fusiforme
Sargentodoxa cuneata
Schizandra chinensis
Schizonepeta tenuifolia
Scoparia dulcis
Scrophularia ningpoensis
Scrophularia nodosa
Scutellaria baicalensis
Scutellaria laterifolia
Senecio aureus
Serenoa serrulata
Sesamum indicum
Siegesbeckia pubescens
Silybum marianum
Simarouba amara
Smilax glabra
Smilax ornata
Solidago virga-aurea
Sophora subprostrata
Sparganium stoloniferum
Stellaria media
Stemona sessilifolia
Stevia rebaudiana
Stillingia sylvatica
Symplocarpus foetidus

T

Tabebuia impetiginosa
Taraxacum mongolicum
Taraxacum officinale
Terminalia arjuna
Terminalia bellerica
Terminalia catappa
Terminalia chebula
Thymus vulgaris
Tilia europea
Torreya grandis
Trametes versicolor
Tremella fuciformis
Tribulus terrestris
Trifolium pratense
Trigonella foenum-graecum
Trillium erectum
Turnera aphrodisiaca
Tynanthus panurensis

U

Ulmus fulva
Uncaria rhynchophylla
Uncaria tomentosa
Urtica dioica
Usnea barbata

V

Vaccinium myrtillus
Valeriana jatamansi
Valeriana officinalis
Vanilla aromatica
Verbascum thapsus
Verbena hastata
Viburnum opulus
Viburnum prunifolium
Vinca major
Viola odorata
Viola tricolor
Viola yedoensis
Vitex agnus-castus
Vitex rotundifolia

W

Withania somnifera

Sanicle
Sandlewood
Sargassum
Sargentodoxa
Schizandra
Schizonepta
Vassourinha
Chinese Figwort
Figwort (Carpenter's Square)
Chinese Skullcap (Scute)
Skullcap
Life Root
Saw Palmetto
Black Sesame
Siegesbeckia
Milk Thistle
Simarouba
Chinese Smilax (Green Brier)
Jamaican Sarsaparilla
European Goldenrod
Sophora
Sparganium stoloniferum (Scirpus)
Chickweed
Stemona
Stevia
Stillingia
Skunk Cabbage

Pau d'Arco (Lapacho)
Mongolian Dandelion
Dandelion
Arjuna
Belleric myrobalan (Bibhitaki)
Tropical Almond
Chebulic myrobalan (Haritaki)
Thyme
Linden
Torreya grandis
Turkey Tail
Tremella
Tribulus
Red Clover
Fenugreek
Bethroot
Damiana
Clavo Huasca

Slippery Elm
Uncaria
Cat's Claw
Stinging Nettle
Usnea

Bilberry
Jatamansi
Valerian
Vanilla
Mullein
Blue Vervain
Crampbark
Black Haw
Greater Periwinkle
Sweet Violet
Pansy (Heartease)
Tokyo Violet
Chaste Tree
Round-leaf Chaste Tree (Seahorse)

Ashwagandha

Y

Yucca species

Yucca

Z

Zanthoxylum americanum

Prickly Ash

Zea mays

Corn

Zingiber officinale

Ginger

Ziziphus spinosa

Zizyphus

Ziziphus jujube

Jujube